



StoreyMakers 2026 Events and Activities

Monday 13th

Yogalates Lancaster

Yogalates 9.30-10.15am & 10.30-11.15am
Yogalates Core & Back 11.30am-12 noon
From **£8 (book on Yogalates website)**

Tara Centre

Singing Bowl Experience 12.15-12.45pm
Free drop in - Storey Gallery

The Soul's Creative Touch

Colour Energy Sessions 2.00-4.30pm
Free one to one drop in - Storey Gallery

Tara Centre

Meditation for Peace 7.30-8.30pm
£7.50 / £5 - Tara Centre

Tuesday 14th

Yogalates Lancaster

Yogalates & Pilates 9.30-10.15am
From **£8 (book on Yogalates website)**

Adam Partridge Auctioneers

Valuation Day 10.00-3.00pm
Free - Reading Room

Life Drawing

1.00-3.00pm
Drop in (**£13 per session**) - Lecture Theatre

Tara Centre

Singing Bowls Relaxation 1.30-2.30pm
£7.50 / £5 - Tara Centre

The Soul's Creative Touch

Nature's Whispers Aroma Blends 2.00-4.30pm
Free one to one drop in - Storey Gallery

Wednesday 15th

Yogalates Lancaster

Pilates 12.30-1.00pm
From **£8 (book on Yogalates website)**

Meet the Makers Open Evening

6.30-9.00pm
Live performance with Laura Sandham
School of Dance - Storey Gallery

Tara Centre

Zen Meditation 7.30-9.00pm
£10 / £7.50 - Tara Centre

Thursday 16th

LESS

Composting Workshop 10.00-11.30am
Free drop in - Storey Gallery

The Soul's Creative Touch

Felting tour/demo 5.00pm, 5.45pm, 6.30pm
Free - meet in the Storey Gallery

Friday 17th

Yogalates Lancaster

Yogalates & Core sessions from 9.30am
From **£8 (book on Yogalates website)**

Iron Press

Wood Engraving Demo 12.00-2.00pm
Free drop in - Storey Gallery

Tara Centre

Singing Bowl Experience 12.15-12.45pm
Free drop in - Storey Gallery

The Soul's Creative Touch

Felting tasters 1.15pm, 2.30pm, 3.30pm
Donation - meet in the Storey Gallery

Saturday 18th

Life Drawing

10.30am-12.30pm
Drop in (**£13 per session**) - Lecture Theatre

Wellspring Women's Circle

1.00-4.00pm
Donation - meet in the Storey Gallery

Exhale

Breathwork 5.15-6.00pm
Free - Storey Gallery

Sunday 19th

Closed

Monday 20th

The Soul's Creative Touch

Focus your Life Path 2.00-4.30pm
Free one to one drop in - Storey Gallery